

THE VILLAGE NEWS



Volume 10, Issue 2

A Community Network of Support

February 2018

New tax law: Some answers, lots of questions

BY JANEAN MANN

Much is yet unknown about the ramifications of the new federal tax law. Until 2026 (unless Congress makes changes) the tax rates for individuals will drop, but for corporations, even larger tax cuts are permanent (unless Congress makes changes).

Many of the regulations surrounding this law have yet to be promulgated, so it's hard to figure out exactly what to do to prepare for your 2018 taxes (or your 2017 taxes if you live in D.C. or other high-tax areas).

For D.C. residents the news is both good and bad.

The good news is that the [Tax Cuts and Jobs Act](#), which President Trump signed into law on Dec. 22, doubles the standard deduction to \$12,000 for single filers and \$24,000 for joint filers who are married. It also leaves intact the [additional standard deduction](#) for filers who are 65 and over or

blind, allowing them to claim an additional \$1,300 when they file their 2018 taxes. Thus

married taxpayers who are both over 65 can lower their taxable income by an extra \$2,600.

The medical expense deduction threshold is



MEMBER PROFILE

A life of caring and adventure



JANEAN MANN

Tommy Heggans and Yvonne Bauduin in their art-filled home.

BY JANEAN MANN

With Yvonne Bauduin's brightly hued paintings and husband Tommy Heggans's ventures into rattlesnake and grizzly trapping, this NNV member couple is leading a colorful life. Both have turned their interests and talents into helping others.

The daughter of Dutch immigrants, Yvonne was born in Massachusetts. She studied art, developed an interest in art therapy, and spent an "extraordinary" summer in Mississippi in 1964 working with Upward Bound and Head Start. "I was so welcomed by the black community—a community so full of love and helping one another," Yvonne said.

Returning to Boston, she worked with the Job Corps. She then taught in a public alternative high school and worked

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NORTHWEST NEIGHBORS VILLAGE

a community network of support
4901 Connecticut Ave. NW
Washington, DC 20008
202-777-3435
www.nwnv.org

Northwest Neighbors Village (NNV), founded in 2007 and opened in 2009, is a nonprofit organization created to help the residents of Northwest Washington live comfortably and safely in their neighborhoods and homes as they age.

Join or volunteer

NNV welcomes new members and volunteers. For more information, go to www.nwnv.org or call the office at 202-777-3435.

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A successful year-end campaign

BY JUDIE FIEN-HELFMAN

We know it takes a village to ensure that NNV sustains its valued programs and volunteer corps and to provide confidence and support to our members. We are happy to announce that NNV had a successful end-of-year campaign, in which we reached out into the community for donations.

In addition, we extend a special thank-you to our committees, members, volunteers, donors and neighbors for their generous gifts of time, talent and money this past

year—all of which enable our services, programs and operations to be of the highest quality.

2017 highlights

- ▶ 49,000 total end-of-year gifts
- ▶ 145 recurring donors
- ▶ 29 new donors
- ▶ 30 new members
- ▶ 16 new full members
- ▶ \$6,760 in grant funding

Thank you for helping NNV with these accomplishments. We look forward to continuing our successes in 2018.

It's tax time again, and new law's effect on seniors remains in question

TAXES, *Continued from Page 1*

lowered for 2017 and 2018 to 7.5 percent of adjusted gross income, but reverts to 10 percent for 2019. Tax brackets are generally lowered about 2 percent.

The bad news, especially for D.C. residents, is that beginning in 2018, you can deduct a maximum of \$10,000 in state and property taxes. About 7,500 D.C. homeowners prepaid their 2018 property taxes in December 2017 in the hope that they will be deductible on their 2017 taxes. D.C. officials have said they will.

According to the IRS: "In general, whether a taxpayer is allowed a deduction for the prepayment of state or local real property taxes in 2017 depends on whether the taxpayer makes the payment in 2017 and the real property taxes are assessed prior to 2018. A prepayment of anticipated real property taxes that have not been assessed prior to 2018 are not deductible in 2017. State or local law determines

whether and when a property tax is assessed, which is generally when the taxpayer becomes liable for the property tax imposed."

Whether the IRS will agree that D.C. law, which assesses taxes for 2018 in 2017, but does not send out the bills until 2018, remains to be seen.

Also on the downside is the elimination of the \$4,050 personal exemption.

Thus, this would be a good time for D.C. seniors with household incomes of \$128,950 or less to apply for the Senior Citizen or Disabled Property Owner Tax Relief if they have not yet done so. It can reduce one's property taxes by 50 percent. Get more information at:

otr.cfo.dc.gov/page/homesteadsenior-citizen-deduction.

There are no changes in the way Social Security and investment income is taxed.

With all the changes and confusion the best thing to do is consult your tax adviser.

NNV CALENDAR

Rides are available for NNV members to all NNV events.

Wed., Feb. 7, 21; 10-11:30 a.m.

Caregiver Support Group—

Moderated by licensed clinical social worker, 1st and 3rd Wednesdays every month in Chevy Chase. Limited to 8 participants. Call 202-777-3435.

Sunday, Feb. 11, 3-5 p.m.

Tuesday Brass Ensemble—

Performance. Assembly Room,

Forest Hills of D.C., 4901 Connecticut Ave. NW. RSVP: 202-777-3435.

Wed., Feb. 21, 2:30 p.m.

NNV Book Club discusses “A Summons to Memphis” by Peter Taylor. RSVP to Frances Mahncke: FranMahn@aol.com.

Thurs., Feb. 22, noon

Lunch Bunch—Lunch at Blue 44, 5507 Connecticut Ave. NW. RSVP: 202-777-3435.

Tues., Feb. 27, 3-4:30 p.m.

NNV Men’s Book Club meets at the home of Bernie Hillenbrand. RSVP: 202-777-3435.

Save the Date

Thursdays, March 1-29, 1-3 p.m.

Watercolor Painting—Joey Manlapaz, Corcoran professor. \$120 at first class. Forest Hills of D.C., 4901 Connecticut Ave. NW. Materials: manlapazjo@aol.com. RSVP: villageleah@gmail.com.

Two on NNV board named emeritae; two new members chosen

By JANEAN MANN

The Northwest Neighbors Village Board of Directors has voted to give emerita status to longtime NNV board members and founders Frances Mahncke and Jo Ann Tanner. We greatly appreciate their long and dedicated service and, indeed, could not have achieved the success we have attained without them. We look forward to their continuing service in this new capacity.

The board has also voted to add volunteers Morgan Gopnik and John Wheeler. John has agreed to take on the challenging position of board treasurer, replacing Stewart Reuter. Stew has done a great job steering NNV through the financial shoals confronted by new nonprofits over the last seven years. We will continue to benefit from his service on the board.

Morgan has been an active volunteer since 2014 and we are delighted that she has agreed to become more deeply involved with NNV. She is an oceanographer and consultant, advising groups involved on the implementation of ocean policies she helped formulate when she served as senior adviser to the U.S. Commission on Ocean Policy.

John is a retired lawyer and supporting member of NNV. He served as an enforcement attorney at the Environmental Protection Agency for 22 years. A certified arborist, John is an avid tree pruner. In addition to his volunteer service with NNV, John is an active volunteer serving as treasurer of the D.C.



MAYA ALLERUZZO



ADRIAN BONDY

New Board of Directors members John Wheeler, above (with fingers brown from composting) and Morgan Gopnik.

chapter of the National Association of Active and Retired Federal Employees and as information officer on the

board of the C&O Canal Association.

Under the NNV bylaws, board members can serve up to two three-year terms. Service as an officer does not count against this ceiling.

Janean Mann is a member of the Board of Directors.

Careers in art and architecture

PROFILE, Continued from Page 1

with Fernald School in Massachusetts, finding that people with developmental disabilities could really express themselves through art. For eight years, she also used her artistic skills in a drug rehab program that she found exciting. “There were so many bright, creative people that had been on an alternative path. Once that creativity and spark could be turned around, you just saw people blossom,” she said.

Tommy, a D.C. native, developed an interest in the outdoors through forays into Rock Creek Park and in trips to then-rural Fort Washington, where friends had ponies and he learned to ride. Cars were rare in the black neighborhoods then, with horses and carts being a regular mode of transportation, he said. He graduated with a degree in architecture from Howard University earning his way through college doing architectural work with his professors’ firms.

After graduation Tommy traveled to Europe to pursue an interest in architectural history. Returning to D.C., he was a floor plan designer for the Watergate, then under construction. Later, while working for an international firm, he helped design facilities in Greece and then Nigeria, where he spent three months during the Biafran war helping to build a satellite relay station compound. “I loved it,” he said, though he found the MiG escort his commercial plane received while flying from Ghana to Nigeria a little disconcerting.

After his return from Nigeria, Tommy’s Howard professors encouraged him to teach at the university, but he needed an advanced degree. He received a work-study scholarship to Harvard, where he helped address design and construction problems arising out of the construction of Harvard’s new Graduate School of Design building while earning his master’s degree. Then he taught at Howard



JANEAN MANN

A gift of art: One of Yvonne’s paintings that she gave to Tommy to fill a hole in a former home before they married now hangs in their living room. She forged a career in teaching and art therapy.

and eventually became associate dean of the School of Architecture and Planning.

He had met Yvonne during his first semester at Harvard but had a long wait before they actually got together. Yvonne remained in Boston until April Fool’s Day 1985, when she moved to Washington and reconnected with Tommy. “I don’t consider it a foolish move,” said Yvonne. Tommy proposed after attending the wedding of one of his sons from a previous marriage and the bridal bouquet hit him in the chest.

In Washington Yvonne launched Art Cart, giving private lessons. She taught at Janney School, then was an art coach for teenagers in Articulate, a Very Special Arts program, before spending 15 years at Art Enables as an art coach for adults with disabilities. “That was always a pure delight,” she said. “It was not a matter of teaching them, but of bringing out the talents they already had.”

Tommy used his riding skills to volunteer for 30 years with a national therapeutic riding program. There, he helped Reagan press secretary James Brady recover from his wounds. He has also volunteered with the Wounded Warriors program.

Both Tommy and Yvonne love traveling to the Netherlands. His more adventuresome journeys have taken him rattlesnake hunting in Texas to provide snake venom for the production of antidotes and measuring grizzly bears in Canada to aid the research of a biologist/ranger.

Do you have these talents? NNV would love your help

NNNV is looking for a few good men and women to help enhance our work with members and the community. This is a great opportunity for you to share your time and talents and make an impact. You can work when it is convenient. Please review the list below and contact Stephanie Chong if you have an interest in helping us.

► **Newsletter writers**—NNV publishes 11 issues of The Village News each year. To keep this valuable newsletter going, we can use volunteers to help with interviews,

take photos and write articles. This is a great way to get involved with the village and keep our members, volunteers and donors informed.

► **Outreach to neighborhood businesses**—Neighbors know that NNV is a valuable resource in the community, but the local business community is not well aware of us yet. We are interested in building relationships with our local businesses and could use some help with project-specific outreach. This is a great role for someone who has an existing relationship with a local

business or simply enjoys chatting up business owners.

► **Help build our Facebook page**—NNV has a Facebook page that needs TLC. We'd love some help with identifying content, such as linking relevant articles and local news to our page and posting photos from village events. If you enjoy searching the web and spending time on social media, this job is for you.

To learn more about how you can help your village, contact Stephanie Chong at 202-777-3435 or schong@nnvnv.org.

Winter concert features Tuesday Brass Quintet

Need something to liven up a gray winter day? NNV's annual winter concert will be held Sunday, Feb. 11, from 3 to 5 p.m.

This year the Tuesday Brass Quintet will entertain with a variety of selections from sentimental to jazz and a little Glenn Miller. The quintet includes our own Tom Beckman on trumpet along with Steve Bauer, trumpet; Julie Leyh, horn; Jeffrey Bauer, trombone, and Robert Pallansch, tuba. Light refreshments will be served during the piano interlude.

The concert will be in the Forest Hills of D.C. Assembly Room, 4901 Connecticut Ave. NW. RSVP, please, to 202-777-3435.



JANEAN MANN

Morning at the movies. Plus food.

NNNV members enjoyed a film about Katharine Graham and the Pentagon Papers, "The Post" with Meryl Streep and Tom Hanks (complete with open captions for the hard of hearing), on Jan. 18 at the Avalon Theatre. Lunch followed at the Parthenon Restaurant.

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INGLESIDE
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The aroma of an Indian restaurant in your kitchen

BY BARBARA OLIVER

The origins of Chicken Tikka Masala, “Britain’s unofficial national dish,” are in dispute. Some say it’s Britain’s take on curry, others attribute it to the Punjab and others to a Glasgow curry house. Wherever it was born, it’s universally sought after. If you don’t have a slow cooker (a.k.a. Crock-Pot), I have included directions for cooking it in the oven or on the stove top. It’s delicious on its own or with rice or naan to sop up the tangy sauce.

Slow-Cooker Chicken Tikka Masala

28 ounces canned crushed tomatoes
1 small onion, finely minced
1 tablespoon finely minced garlic
1 tablespoon fresh minced ginger root
2 tablespoons garam masala *
1 tablespoon dark brown sugar
½ teaspoon ground cumin
½ teaspoon ground coriander

2 pounds boneless, skinless chicken thighs
1 tablespoon kosher salt
½ cup plain, low-fat Greek yogurt
¼ cup chopped fresh cilantro (optional); can substitute flat-leaf parsley

Slow-cooker directions

Combine first 10 ingredients in slow cooker. Cook on high for 3 to 4 hours or on low for 6 to 8 hours. Before serving, stir in yogurt and cilantro. Yields about 1 cup chicken



BARBARA OLIVER

Savory Chicken Tikka Masala can be made with a slow cooker, in the oven or on the stove top.

with sauce per serving. Serves 8.

Oven directions

Preheat the oven to 325°F. Combine first 10 ingredients in an oven-safe casserole dish. Cover. Cook for 30-40 minutes. Chicken should be 165°F when done. Before serving, stir in yogurt and cilantro.

Stove-top directions

Combine first 10 ingredients in a cast iron or heavy-bottomed, thick-walled pot. Add the first 10 ingredients and cover with a lid. If using a large pot and the pot is more than 2/3 full, turn the burner on medium-high heat. If the pot is smaller and about ½ full, turn the burner on medium heat. Cook for 35 to 45 minutes. Monitor the food to keep it from boiling. If need be, lower heat setting to keep food at a simmer. Before serving, stir in yogurt and cilantro.

Notes: Chicken thighs can hold up to a long, slow cook time—they may shred if left in for too long but the dish will be just as delicious.

The dish freezes well.

* Make your own garam masala: 1 part cumin plus 1/4 part allspice. Or any combination of: coriander, cumin, black peppercorns, cardamom, cloves, nutmeg.

ADAPTED FROM SEVERAL SOURCES

SERVICE OF THE MONTH *Smoke detectors*

Remember the old adage, “Where there’s smoke, there’s fire”? We don’t want that to be true in your home! We encourage all NNV members to have working smoke detectors and carbon monoxide detectors so fires can be discovered and stopped immediately.

If you need to change the batteries in one of your detectors but can’t reach that beeping monitor, please call the NNV office. A volunteer will come to your home and help you. Let us know whether you have a ladder and/or new batteries on hand; if you don’t, the volunteer can bring them.

If your home is not equipped with smoke detectors, don’t wait; contact the D.C. Fire and EMS Department, which installs them free for District homeowners. Check it out at fems.dc.gov/service/free-smoke-alarms or call them at 202-727-1614 or 202-673-3331.

Statistics show that working smoke alarms in homes can substantially reduce the risk of fire death in residential fires. Don’t take a chance—make sure your home is equipped with working smoke and carbon monoxide detectors.

—Lois Berkowitz

COMMUNITY CALENDAR

Events are free unless otherwise indicated.

Thurs., Feb. 1, 6-7 p.m.

Gallery Talk—Erik Sandberg on his Magical Realism exhibit. Katzen Arts Center, 4401 Massachusetts Ave. NW.

Thurs., Feb. 1, 6:30 p.m.

"Daughters of the Dust"—1991 film about Gullah women on Georgia islands. Chevy Chase Library, 5625 Connecticut Ave. NW.

Fri., Feb. 2, 9, 16, 23; 11:30 a.m.

Gallery Tours—Winter exhibitions, docent-led. Katzen Arts Center, 4401 Massachusetts Ave. NW.

Thurs., Feb. 8, 6:30 p.m.

"Eve's Bayou"—Award-winning film about family secrets. Chevy Chase Library, 5625 Connecticut Ave. NW.

Thurs., Feb. 8, 6-7:30 p.m.

Remembering Walter Hopps—Artist Sam Gilliam and others. Katzen Arts Center, 4401 Massachusetts Ave. NW. RSVP required: museum@american.edu.

Thurs., Feb. 8, 7:30 p.m.

ANC 3E—Meeting. Washington College of Law, 4300 Nebraska Ave. NW; anc3e.org.

Sat., Feb. 10, 4-5 p.m.

Gallery Talk—Thomas Downing and the Sublime Decorative exhibit. Katzen Arts Center, 4401 Massachusetts Ave. NW.

Mon., Feb. 12, 7 p.m.

ANC 3/4 G—Meeting. Chevy Chase Community Center, 5601 Connecticut Ave. NW; 202-363-5803.

Thurs., Feb. 15, 10:30 a.m.

Avalon Senior Cinema—Patrons 62 or older pay less than the usual senior rate of \$8.75. Avalon Theatre,

5612 Connecticut Ave. NW.

Thurs., Feb. 15, 6:30 p.m.

"Their Eyes Were Watching God"—Film of Zora Neale Hurston's novel starring Ruby Dee, Halle Berry. Chevy Chase Library, 5625 Connecticut Ave. NW.

Sat., Feb. 17, 4-5 p.m.

Gallery Talk—Brian Dailey on his Tower of Babel exhibit. Katzen Arts Center, 4401 Massachusetts Ave. NW.

Tues., Feb. 20, 7:30 p.m.

ANC 3F—Meeting. Room A-03, Bldg. 44, UDC, 4200 Connecticut Ave. NW; 202-670-7262; anc3f.com.

Thurs., Feb. 22, 5:30-7 p.m.

Conversation—With Frank DiPierna about his photography exhibit. Katzen Arts Center, 4401 Massachusetts Ave. NW. RSVP required: museum@american.edu.

Thurs., Feb. 22, 6:30 p.m.

"Selma"—2015 Oscar-nominated film starring David Oyelowo, Cuba Gooding Jr. Chevy Chase Library, 5625 Connecticut Ave. NW.

Mon., Feb. 26, 7 p.m.

ANC 3/4 G—Meeting. Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Mon.

Club 60+

10:30-11:30 a.m.—T'ai Chi 2, Norman Greene.

11:30 a.m.-12:30 p.m.—T'ai Chi 1, Norman Greene.

Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Tues.

Club 60+

10-11 a.m.—Line dancing, Darnell Goldsmith; Strength & Resistance 1, Pat McQueen.

11 a.m.-noon—Strength & Resistance 2, Darnell Goldsmith. Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Tues. & Thurs., 8:30-9:30 a.m.

Walking Club—Sibley Senior Association. Mazza Gallerie, Concourse Level, Wisconsin & Western Aves. NW, 202-364-7602.

Every Thurs.

Club 60+

10-11 a.m.—Strength & Resistance 1, Pat McQueen.

11 a.m.-noon—Strength & Resistance 2, Darnell Goldsmith; Yoga, Zarina Rana.

Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Fri.

AARP Legal Counsel for the Elderly—Self-help office. Assistance with legal questions, claims reports, consumer complaint letters, benefit checks, etc. Call 202-895-9448 (option 4) for appointment. Iona Senior Services, 4125 Albemarle St. NW.

Farmers Markets

Sat., 8 a.m.-1 p.m.—**New Morning Farm**, Sheridan School, 36th St. & Alton Place NW.

Sat., 9 a.m.-1 p.m.—**Lafayette**, Broad Branch Ave. & Northampton St. NW.

Movie Mondays

2 & 6:30 p.m. Chevy Chase Library, 5625 Connecticut Ave. NW.

Feb. 5—"Radio Days," U.S., 1987, rated PG (Mia Farrow, Woody Allen).

Feb. 12—"Maudie," Canada, 2016, rated PG-13 (Ethan Hawke).

Feb. 26—"Unstrung Heroes," U.S., 1995, rated PG (Andie MacDowell).

Seabury offers card for transportation discounts

By HEATHER FOOTE

Seabury Resources for Aging now offers an “Enhanced Mobility Card” that provides subsidized transportation funds for eligible D.C. residents through a prepaid debit card.

Customers use the card to pay for transportation-related expenses including taxi services, some mobile transportation apps, private transportation providers, intercity bus service and bike-share services. The customer’s income and Seabury’s sliding fee scale determine the level of subsidy provided.

Seabury supplements the user payment by adding additional value to the card based on the income of the applicant. The applicant’s income and Seabury’s

sliding fee scale determine the level of subsidy provided.

Any District resident 60 years or above is eligible for the card, as are residents with disabilities aged 18-59. Four easy steps bring you a card that reduces some transportation expenses.

First, call the Enhanced Mobility Program office at 202-844-3000 for an enrollment form or request one by email to EnhancedMobility@seaburyresources.org.

Next, complete and sign the user agreement. Then provide a copy of your driver’s license or D.C. non-driver’s ID card as documentation of your residency.

Finally, send your contribution via check or money order payable to Seabury Enhanced Mobility Program at 6031 Kansas Ave.

NW, Washington, D.C. 20011.

Seabury will add or “load” its contribution to your card based on a sliding scale. It will explain how it can be “reloaded” with additional value. Card customers can authorize another individual to assist in managing an Enhanced Mobility Account.

This card is intended to benefit all older adults in the District. For more information, contact Naaji Drayton at the Enhanced Mobility Program office. Transportation Outreach Manager Heather Foote at Capitol Hill Village can provide a fact sheet with additional details about the program:

info@capitolhillvillage.org (add “Talking Transportation” in the subject line) or 202-543-1778, Ext. 109.