Northwest Neighbors Village





Annual Report 2022

Northwest Neighbors Village

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Mission

"Our mission is to enable older adults to thrive as they age in our community by offering a robust network of resources and opportunities."

2022 NNV Leadership

Morgan Gopnik, President

Sam Smith, Vice President & Treasurer Merilee Janssen, Secretary

Board Members

Monica Knorr

Emeritus Board Members

Richard Avidon

Lenore Lucey

Frances Mahncke

Jessica Berenson

Gene Sofer

Janean Mann

Shanti Conly

Jan Solomon

Robert Parker

Judith Fien-Helfman

Ann Van Dusen

Stewart Reuter

Bert Foer

Karen Zuckerstein

Jo Ann Tanner

The NNV Team

Stephanie Chong, Executive Director

Leslie Pace, Communications Coordinator

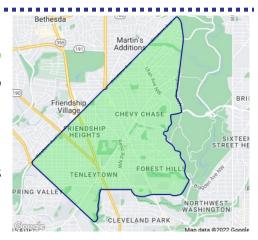
Heather Hill, Volunteer and Member Services Coordinator

Mustafa Bahar, Program Coordinator

^{ator} Barbara Scott, Village Social Worker

Service Area

Northwest Neighbors Village serves neighbors who live in American University Park, Barnaby Woods, Chevy Chase, Forest Hills, Friendship Heights, Hawthorne, Tenleytown, and Van Ness



A Message from Morgan and Stephanie

/ elcome to our 2022 Annual Report. We have much to be grateful for, and we'd like to share some of the highlights with you. Thank you for all you do to make our Village such a success!

NNV Member

A volunteer "has been driving me with greatest care to medical appointments, seeing to my arrivals, often accompanying me to the doctor's office, continuing the visit with ensuing pickup of prescription or with interesting food shopping, following up on my progress afterwards, and checking on my well-being!"

Highlights from 2022

Caring and Practical Support – Our dedicated volunteers provided over 2,500 services, offering direct support to neighbors with transportation, technology support, tasks like taking out the trash and raking leaves, and delivering meals to members during the holidays. Our volunteer drivers provided almost 1500 rides to important medical appointments, lunches with friends and other social outings, the grocery store, the hair salon and more. 140 volunteers contributed their time, expertise, kindness, and generosity in 2022.

Our Village case manager provided professional social work support to 68 of our full members (that's 60% of our full membership that benefited from her service) last year. Her caring support has eased many transitions for those who avail themselves of her services. Her expertise and knowledge has helped our members stay as safe and independent as they can be.

Friendly Engagement and Connection - In 2022, NNV piloted a new project

to encourage social engagement. Our new Village Programming Coordinator, Mustafa Bahar, helped bring more opportunities for members to learn, stay fit, and enjoy time with others. In addition to NNV's 238 events, an additional 75 programs offered by neighboring DC Villages were made available to our members. An astonishing



1,117 community members attended our events in 2022. Staying connected and engaged with others is as important as regular medical care, and combatting social isolation is at the heart of our mission.

Equitable Access – NNV provided over \$19,000 in membership subsidies (equivalent to 31 annual membership fees) to address significant unmet needs among older adults in our community. In 2023, we will continue and dive deeper into these efforts.

Trusted Resource - NNV remained a trusted resource for information that is important to older adults and our community. NNV's professional team and volunteers helped many access the Covid-19 vaccine and booster. Our weekly updates, filled with timely and pertinent information to our community, are now emailed to nearly 3,000 subscribers.



"NNV has been instrumental in helping our mother live life on her own terms. The interactions with your kind and capable volunteers, the social opportunities, and the transportation have all been so important to her. The family extends our thanks and appreciation."



Our website is updated regularly and we introduced a new <u>Transportation</u> <u>Resources page</u> to help members and the community find alternatives when driving is not an option.

Community Giving and Involvement – NNV coordinated donation drives for local organizations that help older adults in DC, addressed food insecurity in partnership with ANC3E and Tenleytown Main Street, and promoted dining and shopping at local businesses.

Building a Supportive Community – NNV members, volunteers, and the board have contributed hundreds of hours sharing their time and talent to advance NNV's mission by participating in our working groups, contributing to our newsletter, and making important strides to address diversity, equity, and inclusion in our Village.

2022 was another year of incredible growth and strengthening of our Village community. With extraordinary support from the board, a \$20,100 incentive in matching gifts, and generous donations from our members, volunteers, and neighbors, we raised over \$280,000 in individual contributions and grants combined this year. This generous support allows us to keep membership fees affordable and provide free membership to older adults with low-income, while offering a diverse array of programs and services.

We hope you enjoy reading on and learning more about what we accomplished, who we served, and how we stewarded our hard-earned

resources. We continue to let our Village's mission and vision lead everything we do, creating a generous, supportive community where older adults are valued, age with dignity, and enjoy opportunities for growth, engagement, and fun!

Total Membership: 289

Full Members: 113 | Supporting Members 176 30% of Full Members Qualified for Fee Waivers 26 New Members in 2022

DC Villages

NNV actively participated in a strategic planning process, pivotal to strengthening thirteen DC Villages and expanding our collective reach to more older adults across the District. NNV served as fiscal sponsor for a Washington Home Foundation grant that has benefited the DC Villages both individually and as a collaborative, and played a leadership role with grant writing consultants to secure resources to support the DC Villages.

The DC Villages were recently featured in the Positive Aging SourceBook, which is the go-to publication for information on local resources and senior living options. Click here to read the article.





Subsidized Member

"I have benefited greatly from my waived membership. I needed transportation to a doctor's appointment and an NNV volunteer was there to help. She was kind, supportive, fun to chat with, very efficient, and was even able to manage my rollator with ease. I am very grateful for NNV and for her service."

The NNV Legacy Society

Consider NNV as a part of your overall financial and estate planning. A legacy gift provides an opportunity to support your local Village, and at the same time preserve and enjoy assets you might need during your lifetime.

Help ensure NNV's ability to provide vital programs and services in the future by joining NNV's Legacy Society today.

For more information, click here to visit our website.



2022 Village Events

NV continued to keep much of our programming open to the community, including our highly successful Virtual Speaker Series. Members from NNV and surrounding DC Villages nurtured their bodies and minds at weekly Gentle Yoga classes taught by Mayu Suzuki and Coping with Uncertainty meetings facilitated by our Social Work Case Manager Barbara Scott.

Total NNV Programs: 322

Participating Members: 130 | Community Members: 688

Events for Everyone

Virtual Speaker Series – We had over 30 speakers on topics as diverse as American women's fight for equality since 1920, the restoration of Notre Dame Cathedral in Paris, and working with Afghan refugees in the DC area.

Tickets for a Cause – An online celebration of our successful fundraising campaign supporting subsidized membership fees.

Chevy Chase Day – NNV participated in the annual neighborhood celebration and spread the word about membership and volunteer opportunities.

Blue 44 dinner benefitting NNV - NNV members and volunteers dined out at this local restaurant and in return received a percentage of the night's sales.

Senior Hour at Politics & Prose - NNV and our favorite local bookstore showed mutual support for one another during this special shopping opportunity.

Ward 3 City Council Candidate Virtual Forum on Aging Adults - NNV hosted the forum and gained valuable insight from the older adults in our community.

Events for NNV Members and Volunteers

Regularly scheduled events:

Bingo! – A monthly social bingo game held via Zoom for a small but committed group.

Coping with Uncertainty – (members of NNV and other local villages) – A weekly group lead by Village Social Worker Barbara Scott to discuss how to cope with the uncertainty in our lives.

Exercise Your Funny Bone - a group that shares humorous jokes and stories.

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Gentle Yoga with Mayu – (members of NNV and other local villages) – An hour-long, weekly chair yoga class led by Mayu Suzuki via Zoom.

Neighborhood Chats – We have two biweekly, small groups meeting in person and on Zoom to discuss local issues

NNV Walks - We meet every Friday for a 45-60 minute walk. We have a rotating schedule of local neighborhood walks and Rock Creek Park walks.

Racial Equity Book Group – A bi-monthly book group that discusses works related to racial equity.

NNV Volunteer

"Thank you for giving me the opportunity to interact with all these fascinating people! It really has been very rewarding."

Occasional Events:

Lunches - We gathered for lunch at local restaurants including: Blue 44, Chef Geoff's Uptown, Clyde's of Chevy Chase, DeCarlo's, La Ferme, Le Chat Noir, The Parthenon, Rosemary Bistro, and Surfside,

Thanksgiving Meal – Some volunteers delivered meals to members who were alone on Thanksgiving. Several NNV members enjoyed Thanksgiving Dinner with our friends at Cleveland & Woodley Park Village.

Ice Cream Social, End of Summer Picnic and Holiday Party – After several years of online celebrations, we got back to partying in person!

Visit to the temporarily publicly opened Washington DC Temple of the Church of Jesus Christ of Latter Day Saints.

Museum Visits to Glenstone, Hillwood Museum, and US Institute for Peace to see Imagine: Reflections on Peace.

Kennedy Center visits to see several Millennium Stage performances.

Events for NNV Volunteers

Volunteer Orientations - held throughout the year for new volunteers.

Volunteer Phone Buddy check-ins – After a special training, Phone Buddies met via Zoom to discuss how they felt their buddies were coping with the pandemic changes to volunteering at NNV.

Volunteer Training - Senior Safety in the Community

Medical Note Taking training – NNV held a session of our Medical Note-Taking training for active volunteers at any of the DC Villages.

Volunteer Wine and Cheese

Our Village Volunteers

olunteers are at the heart of our Village. Every day, Village volunteers are providing our members with the support and confidence to live well in our community. None of our work would be possible without the dedicated work of our caring volunteers who are building a supportive community and provide vital assistance to our members.

135 Screened & Trained Volunteers · 17 New Volunteers 3,806 Service Requests Filled
Less than 1% of Timelγ Service Requests Went Unfilled Value of Volunteer Services in 2022: \$281,750

*according to Independent Sector, which values volunteer service in D.C. at \$50hour

Volunteer of the Year

ach year NNV members and staff nominate volunteers whose service goes above and beyond expectations for the NNV Volunteer of the Year Award. The 2022 award went to **Vin Rocque**. Since 2010, Vin has provided outstanding, selfless service to our members. One of our primary volunteer drivers, Vin has been providing roughly 200 rides per year!



For Vin, providing volunteer rides is a meaningful way to connect with his neighbors. "Far from some chore. It is a wonderful pleasure in my life, giving me a sense of purpose, well-being, community, connection with others, personal growth, delight and joy. For me it is fun!" Like all of NNV's volunteers, Vin offers much more than a ride. Friendship, laughter, respect, and caring connections are what make NNV rides special.

"He has a certain elan and makes the rides a joy. He exemplifies the spirit of the village movement." **NNV Member**

Working Groups

We currently have five working groups composed of board members and other volunteers from our community. Their focuses are on Diversity, Equity and Inclusion (DEI); Membership and Volunteer Outreach; Community Outreach; Programming; and Fundraising. The groups' dedicated efforts support and supplement the amazing work of our staff. Thank you to our devoted working groups!

Thank You for Your Support

Membership fees only cover 16% of Northwest Neighbors Village's costs. We rely on the generosity of our donors and sponsors to ensure NNV can respond to the changing needs of our aging neighbors and continue to be the vehicle for local volunteerism and meaningful engagement.

During 2022, NNV conducted three fundraising campaigns that were generously supported by 379 donors. Give65 raised \$11,400 in individual donations and \$5,100 in matching grant funds for a total of \$16,500 to support the NNV Subsidized Membership Fund: our Tickets for a Cause fundraiser featured quest Robert Siegel former host of NPR's All Things Considered and raised \$11,900 in individual donations and \$4,750 in sponsorships; and the 2022 year-end campaign brought in \$46,000.



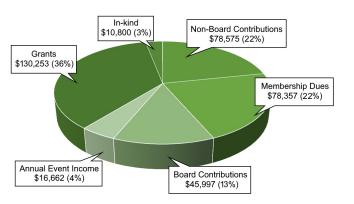
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We are so grateful to our donors and sponsors for your caring support!

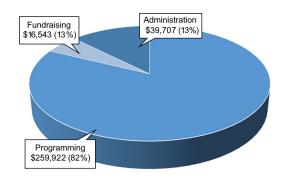




2022 Revenues



2022 Expenses



Our 2022 Sponsors

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A Charitable Foundation





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