Volume 7, Issue 11

**A Community Network of Support** 

December 2015

## Happy holidays—and happy 100th birthday, Frank

Village Holiday Potluck Party Sunday, December 13, 3-5:30 p.m. Assembly Hall, Forest Hills of D.C.



intage Entertainment's
Frank and Trish Curreri
will take us on a magical
journey singing favorite tunes of
the season and selections from
the Great American Songbook
made popular by Dean Martin,
Brenda Lee, Nat King Cole, Harry
Connick, Peggy Lee, Bing Crosby,
Ella Fitzgerald, Elvis Presley . . .
and, of course, Old Blue Eyes, in
honor of the late singer's 100th
birthday!

Please bring an appetizer or dessert to share. Drinks provided. Rides available for NNV members. Deadline to RSVP for rides, Dec. 7; for potluck dishes, Dec. 10. Call 202-777-3435 to RSVP.





Frank and Trish Curreri

#### HELP US DOUBLE THE VALUE OF YOUR YEAR-END DONATION

Through the generous support of two anonymous donors, Northwest Neighbors Village has a unique opportunity to double the impact of your contribution by matching your donation dollar-for-dollar up to \$10,000. Whether your contribution is \$25, \$100, \$250 or \$500, it will double in value to \$50, \$200, \$500 or \$1,000. Now more than ever

your donation will ensure that NNV can provide the services and social activities—from a ride to the doctor's to an excursion to a museum—that will enrich the lives of members and make daily living a little easier.

At this time of year, we are especially concerned about members with modest means. We support 11 percent of our members

with subsidized services directly from donations to NNV. With membership fees covering only 50 percent of costs, we rely on you and other members of the NNV community to support our mission. Please consider a generous donation to NNV at the end of the year to ensure that we will be there when you need us, now and in the vears ahead.

## NORTHWEST NEIGHBORS VILLAGE

a community network of support 4901 Connecticut Ave. NW Washington, DC 20008 202-777-3435 www.nwnv.org

Northwest Neighbors Village (NNV) is a nonprofit organization created to help the residents of Northwest Washington live comfortably and safely in their neighborhoods and homes as they age. Founded in 2007 and opened in 2009, NNV is part of the Senior Services Network, supported by the D.C. Office on Aging.

#### Join or Volunteer

NNV welcomes new members and volunteers. For more information, go to <a href="https://www.nwnv.org">www.nwnv.org</a> or call the office at 202-777-3435.

## NNV Board Members *Officers*

Steve Altman, president Joan Norcutt, vice president Elinor Stillman, secretary Stewart Reuter, treasurer Bob Holman, assistant treasurer

#### **Directors**

David Cohen
Judie Fien-Helfman
Merilee Janssen
Robert Lancelotta
Beverly Lunsford
Frances Mahncke
Janean Mann
Dennis O'Connor
Deb Sliter
Jo Ann Tanner
Ann Van Dusen
Robert Parker, emeritus

#### Staff

Marianna Blagburn, executive director Leah Penner, volunteer coordinator

#### **Newsletter Team**

Janean Mann, editor Doris Chalfin Pat Kasdan Danielle Feuillan Tom Oliver

# Winter is coming. NNV can help arrange for snow removal.

Inevitably, winter will come. Our lovely trees will be covered in snow and the walkways and streets will become slippery. Snow removal will be important. For safety's sake, we do not send out our

older volunteer labor force to shovel snow. We do, however, help members connect with snow shovelers who live in our neighborhoods.

In the past
we have been successful in
locating students from area
high schools and students who
belong to community service
fraternities and sororities at
American University. Most of
the students charge a fee that
can be negotiated depending
on the area to be shoveled.
Workers who are home for the
day (because of the snow) may
also be available. Typically, but
not always, the workers will
volunteer their time and labor.

Another option preferred by some members is to arrange for a landscaper to handle snow removal needs. If this is your preference, the time to arrange this service is now.

If you think you might be interested in having us help you to locate someone to shovel snow for you, please call the NNV administrative office at

202-777-3435 to put your name on the list.

We will begin looking for a snow shoveler who lives close to your home whom you can meet ahead of time. A

note of caution: Snow shovelers are not trained or vetted by NNV. The shovelers will be working outside of your home. We will use our best judgment in selecting them. However, it is important to use caution, especially if you live alone, when opening your doors to someone you do not know. One tip is to have the agreed upon fee ready, in cash, in an envelope, marked on the front, "Thank you for your help." Having the envelope ready makes it easy to give it to the person and let him be on his way once the task is completed.

-Marianna Blagburn

#### SERVICE REQUEST OF THE MONTH Friendly visits

In December and January, we are featuring friendly visits for our members. Many volunteers have expressed an interest in visiting members.

During the holiday season and the frigid temperatures of winter we hope you will call to let us know you would be happy to receive a friendly NNV volunteer visitor. Please give us a call at 202-777-3435.

## Bob Lubic's tale of international adventure

#### By Rhoda Trooboff

ust before flying off to an international chess competition in Paris, Bob Lubic sat down with me to discuss his new novel, *Secrets of My Father*, and how he came to write it.

"It's a man's book," Bob began. In this travel-suspense adventure,

protagonist Maxwell Moore abandons his dismal marriage and boring Wall Street legal career to uncover the murky past of his estranged and newly-and suspiciously-dead father. The quest leads Max on a transcontinental trail of intrigue, actionpacked adventure and emotional excitement otherwise missing from his everyday life.

Secrets of My Father takes readers

from Manhattan to rural West Virginia and then to Jamaica, Ghana, Burkina Faso, Niger, Algeria and Morocco before returning finally to Manhattan. According to historian, author and strategic analyst Gregory Copley, Secrets of My Father is "surprisingly suspenseful and interesting" and "highlights the classic urban liberal's secret lust for adventure, violence, and immorality."

A retired international trade lawyer, law professor and arbitrator, Robert Bennett Lubic has traveled to 127 countries and arbitrated, taught and lectured on all continents except Antarctica. Far-flung international locales as well as various domestic settings are the backdrop of *Secrets of My Father*.

When asked why he chose a bored lawyer as his protagonist, Bob replied, "I've known many bored lawyers in my time." From a young age he had wanted to be



JANEAN MANN

You read mine and I'll read yours. NNV member Bob Lubic and Rhoda Trooboff, author of this story and an NNV donor, compare their recently completed novels.

a writer, but his father urged him to earn a living, Bob said. So he chose to attend law school and devoted his career to the law.

Bob and his wife, travel expert Benita Alk Lubic, have three grown children and five grandchildren. Reflecting on his long career and family, Bob mused, "I've been lucky." Lucky—and definitely dedicated and hard-working. In addition to his demanding teaching, lecturing and arbitration career, Bob has written numerous scholarly articles on technical legal subjects.

When asked why he undertook

the two-year adventure of writing and self-publishing *Secrets* of *My Father*, Bob answered succinctly, "It was an ego trip." Pressed further, he explained, "I wanted to leave something [else] behind." Bob remarked that he was especially proud of his older brother's praise of the novel and friends' encouragement to seek ways to turn it into a film.

Setting, plot and character of Bob's fiction are the products of research, recollection and imagination. With the available time offered by retirement and the research capabilities of the Internet at his fingertips, plus wideranging curiosity, a prodigious memory and an active imagination, Bob has written two adventure novels and is working on a third. "You've heard of

Herodotus?" His eyes twinkled. "Did you know that according to Herodotus's *Histories*, the Phoenicians were the first to circumnavigate Africa? Counterclockwise! That's the subject of my next novel!"

Secrets of My Father (2015) is available from Amazon for \$15.95.

Rhoda Trooboff publishes children's books at Tenley Circle Press (www.tenleycirlepress.com) and is the author of the adult novel Correspondence Course: The Bathsua Project (2014).

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#### MESSAGE FROM THE PRESIDENT

# Thanks for contributing to NNV's success

By Steve Altman

s you are reading this shortly after Thanksgiving, it seems fitting to say thanks to all who have helped NNV accomplish so much this year—our board of directors, volunteers, staff, trusted vendors, supporters and members. Each merits special recognition.



Our board provides leadership, hands-on volunteering and financial support. Our founding members continue to put in an extraordinary amount of time and resources in nurturing the organization they created. Some newer members have taken on substantially increased roles, jumping in enthusiastically to offer time and resources to support our growing village.

Our volunteers are the heart of our organization. Their compassionate spirit and pride in our mission are keys to our success. They go beyond what our members expect. By the end of this year alone, volunteers will have answered more than 3,500 member requests. Some volunteers have performed as many as 25 services in a single month. Others may perform fewer services, but every one is critical to our mission. We encourage volunteers to participate in running the Village.

Our staff is the best! Danielle, Leah and Marianna have the experiences and skills to respond to member needs, engage our volunteers and increase the appreciation for our village in the broader community. We consistently benefit from their tireless work, positive attitudes and optimism in managing a plethora of complex assignments. Marianna's understanding of the challenges, required resources and community collaborations makes us a leader in the field.

We very much appreciate other nonprofit organizations that support NNV. Forest Hills of D.C. not only provides free office space and reduced-fee business services, but also welcomes our members and volunteers. Without their generosity, we would find it difficult to operate. Other nonprofit supporters

include Iona, the city's lead agency in providing services to the older adults, the Chevy Chase Citizens Association, the Chevy Chase Library, Chevy Chase D.C. Historical Society, the Osher Lifelong Learning Institute, Sibley Seniors, each of the ANCs (3E, 3F, 3/4G), American University and the offices of D.C. Council members Mary Cheh and Brandon Todd.

Corporate community sponsors and collaborators have been important to our success. TTR Sotheby International, the State Farm office of John Laskin, Taylor and Agostino, Evers, LifeMatters, TD Bank and Blue 44 have been with us for several years. The financial support we received from over 200 individual donors was vital to our success. As we approach our end-of-year appeal, I hope everyone you will choose to be a part of this group.

Finally, our special thanks to our members, many of whom give as much as they receive. They are volunteers and donors and they bring friendship, fun and thanks for a job well done to those who help them. The opportunity to spend time with members who are so accomplished, interesting and grateful is a reward in itself.

My special thanks to each of you for your dedication and renewed commitment to the Village. I wish you a season filled with peace and hope.



## Looking for love

This buck awaits the arrival of a trio of does that regularly visit this Tennyson Street home. It's deer mating season in Chevy Chase.

#### By Janean Mann

ou need an advance health care directive . . . or maybe not. The most important thing we all need, regardless of age or health condition, is someone who knows our wishes if we are unable to communicate them. You need to have multiple prolonged conversations with those who will be making these decisions, according Dr. Kathleen Anderson, assistant professor of medicine and specialist in palliative care at Georgetown University Hospital.

You could fall, be involved in an auto accident, have a stroke or heart attack that leaves you at least temporarily incapacitated and hospitalized. And then what? Without an advance directive or a family member or friend familiar with your wishes, the "then what" decision will be left to the medical personnel tending to you. Their wishes may not coincide with yours. Something in writing may help.

Such a document could be an advance health care directive, sometimes called a living will, and/or a durable power of attorney. These can take many forms but specify what type of health care you want if you are incapacitated. Do you want to be on life support regardless of the possibility of recovery? Do you want to be resuscitated if your heart stops? Maybe yes, maybe no.

Your wishes are more likely to be adhered to if you have designated a decision maker and/or have an advance directive. It is also important that the person you have designated is aware of your decisions.

There are many sites online that have advance directives. One that is accepted in D.C. can be found at <a href="www.everplans.com">www.everplans.com</a>. A second is Five Wishes, an advance directive created by the nonprofit Aging With Dignity.

It is recognized in D.C., Maryland and Virginia and is used by Sibley and many other hospitals. It can be downloaded at <u>agingwithdignity.org</u> and other websites for a \$5 fee.

The Five Wishes are:

Who will make

your health care

decisions

if you cannot?

Maybe you have an advance

health care directive.

How about someone who

knows your wishes?

good?

- Whom I want to make care decisions when I cannot.
- What kind of medical treatment I want or do not want.
  - How comfortable I want to be.
  - How I want people to treat me.
  - What I want my loved ones to know.

In selecting the person who will make these decisions there are many considerations. This

Other considerations include your own personal family situation. Do you want a consensus of family members to override your own wishes? Others prefer that their family members accept their views. Your

decisions may also be economically influenced. In D.C., but not in Maryland, the medical decision maker can overturn the written wishes. For example your directive may say no feeding tube. What would you want if you have a stroke, but a feeding tube is necessary to stabilize you and your possibility of recovery is

Nationwide, states are developing what is known as POLST—Physicians Orders for Life Sustaining Treatment. At least 40 states have adopted such statutes and D.C. is reportedly working on one.

Currently in D.C., even if you have a DNR (do not resuscitate) order, emergency respondents can ignore that wish. POLST orders would be in force even outside hospitals, and a DNR order would have to be respected.

### The changing face of Chevy Chase

By Joan Janshego

Chevy Chase demographics have changed a lot since the 18th century, according to Carl Lankowski, president of Historic Chevy Chase, D.C.

Carl's Nov. 17 talk, sponsored by the Chevy Chase Citizens Association, covered the large 18th-century land grant to Col. Joseph Belt, whose manor house stood on Oliver Street through about 1907. The land, including Civil War Forts DeRussy and Reno, was developed by Francis Newlands in the early 20th century.

Lankowski also provided a profile gleaned from the 1940 census, focusing on 138 households on McKinley Street. Unlike today, there were many multi-generational households. Most were headed by a male and in the upper middle age range. Houses ranged in value from \$8,000 to \$22,000, with almost 25 percent rentals. There were 28 boarders.

African Americans—about 10 percent—were live-in domestic servants. Ethnicity was predominately Anglo, Celtic and German with a sizable Eastern European segment. Those foreign-born came from 25 countries. A large percentage worked for the federal government in over 20 agencies. Lawyers, teachers, physicians and clergy represented the liberal professions. In the private sector, there were a few business proprietors, some executives, managers, lobbyists and sales staff. Few were in the manual trades.



DANIELLE FEUILLAN

### **Garden surprise**

Danielle Feuillan bought this artichoke plant at Home Depot on a whim last spring, and then completely forgot about it. But just before the first frost her daughter asked what the weirdlooking plants were in the backyard. They picked and ate them and, she reports, they were delicious.

## Turkey burger satisfies several health needs

By Barbara B. Oliver

Unlike other turkey burger recipes I've tried, this one produces a tasty, moist result. The flavors blend and intensify as the mixture sits. As long as you start with fresh turkey (not frozen), feel free to combine the ingredients ahead of time and refrigerate. Uncooked patties may be frozen for future use.

#### Sun-Dried-Tomato Turkey Burgers

3 tablespoons sun-dried tomatoes 1 teaspoon extra-virgin olive oil 1 pound ground turkey 1 tablespoon balsamic vinegar



BARBARA B. OLIVER

2 tablespoons fresh basil, chopped 1 tablespoon garlic, minced 1½ teaspoons Dijon mustard A pinch sea salt A pinch freshly ground black pepper

Cover the sun-dried tomatoes

in warm water and soak until soft. This will take about 10 minutes, depending on how soft the tomatoes are to start. Drain and chop the tomatoes into small pieces.

Combine tomatoes with the remaining ingredients and form into four 4-ounce patties.

Grill, pan sear, or bake in a preheated 375°F oven until done, a reading of 165°F on a thermometer, or about 8 minutes. Makes four servings.

Note: Serve on or with a green salad to meet diabetic, glutenfree or reduced fat requirements. Others serve on a lightly toasted hamburger bun.

ADAPTED FROM BLOOD SUGAR SOLUTIONS 2013

#### **NNV CALENDAR**

Rides are available for NNV members to all NNV events.

Mon., Dec. 7, 2-3 p.m.

**Gentle Yoga** with Sandi Rothwell. Assembly Room, Forest Hills of D.C., 4901 Connecticut Ave. NW.

Sun., Dec. 13, 3-5:30 p.m.

**NNV Holiday Party**—Celebrating Frank Sinatra's 100th birthday. Bring appetizer or dessert to share. Drinks provided; free parking; accessible. Forest Hills of D.C., 4901 Connecticut Ave. NW. RSVP: 202-777-3435.

Mon., Dec. 14, 2-3 p.m.

Gentle Yoga with Sandi Rothwell.

Wed., Dec. 16, 2-4 p.m.

**NNV Book Club** to discuss *Scoop* by Evelyn Waugh at the home of NNV member Barbara Dresner.

RSVP by close of business Dec. 14: 202-777-3435.

Mon., Dec. 21, 2-3 p.m.

Gentle Yoga with Sandi Rothwell.

Sun., Dec. 20, 4 p.m.

Village Knitting Group—Beginners and experienced; Mary Peckiconis, master teacher. Library alcove, Forest Hills of D.C., 4901
Connecticut Ave. NW. RSVP: 202-777-3435.

Mon., Dec. 28, 2-3 p.m.

Gentle Yoga with Sandi Rothwell.

Tues., Dec. 29, 3-4:30 p.m. *NNV Men's Book Club* to discuss *The Oregon Trail, a New American Journey,* by Rinker Buck, at the home of NNV member Bernie Hillenbrand. RSVP: 202-777-3435.

## Medicare deadline looms

Costs rise more for some than for others

By Janean Mann

If you are on Medicare and want to change your health and prescription coverage for Part C (Medicare Advantage) or D (prescription drug coverage), you have only until Dec. 7 to do so. Otherwise, you will have to wait until October 2016 for another open enrollment. All changes made by Dec. 7 take effect Jan. 1, 2016.

While Medicare Part B premiums will remain the same for most recipients, those not receiving Social Security, including many federal retirees, will pay substantially higher premiums. This is because federal law provides that Medicare premiums will not be increased for Social Security recipients when there is no cost of living increase.

There will be no cost of living increase for 2016 because of low inflation rates. The law, however, does not protect federal retirees and others not receiving Social Security. Nor will there be a cost of living

## Medicare

increase for federal retirees for 2016. Medicare Part B premiums will rise for this group from \$104.80 monthly to \$121.80 for singles making up to \$85,000 or joint filers with incomes of up to \$170,000. Costs will increase from \$146.90 to \$170.50 per month for singles making from above \$85,000 to \$170,000, and for joint filers with incomes of up to \$214,000.

The increase for this second group was originally scheduled to be closer to 52 percent, but Congress responded to outcries from seniors and revised the increase downward when

> it enacted the Bipartisan Budget Act of 2015, signed into law Nov. 2. The increase was necessary because of higher medical costs and the requirement that Medicare recover

25 percent of Part B expenses through Part B increases.

All Medicare recipients will see an increase in their Part B deductible from \$147 to \$166. Part A deductibles for a hospital stay will rise from \$1,260 to \$1,288.

#### **VOLUNTEER PROFILE**

## The Selvaggios, combining service and the arts

#### By Carol Curry

ndrea and Sal Selvaggio came to NNV through the influence of a neighbor and were impressed with the organization. Sal is a driver volunteer, making sure members make it to appointments on time. Andrea accompanies him when extra help is needed and was instrumental in launching NNV's art programs.

Both support NNV's mission at a variety of community events, such as farmers' markets, where they recruit new members and volunteers. The couple recently became members of the Outreach Committee, appreciating the administrative side of the organization.

Andrea and Sal met in college. Andrea taught art in Massachusetts and came to Washington in 1975 to attend Georgetown Law School. There she clerked for Prof. Wendy Williams, noted for her work in the area of gender and law.

Andrea practiced law with the Labor Department and in private practice. In 2011 she retired from the Treasury Department's Office of the General Counsel. She now focuses on her artistic side. In keeping with her art background, Andrea is enthusiastic about the new watercolor classes available through the Village.

Sal came to the city to attend Georgetown Dental School. Some may know him through his dental practice on Connecticut Avenue. Recently retired, he



FAMILY PHOTOS

Andrea and Sal Selvaggio, above, with their 2010 winning entry in a contest for creative use of beach flotsam. Left, their 2014 prize-winner.



continues as a volunteer dentist with the Spanish Catholic Center. Some of his downtime is taken up with playing his guitar, most recently in the lounge at the Kennedy-Warren. He has also been adapting the American Songbook for guitar. On the advice of a friend, Sal is going to try his hand at glassblowing at the Glen Echo studio.

Their artistic endeavors are not confined to the United States. Each year they scubadive in the Cayman Islands and participate in an annual art contest to encourage creative uses for items that wash up on the beach. The Selvaggios won first prize in 2010 and 2014.

See SELVAGGIOS, Page 9

#### **COMMUNITY CALENDAR**

Events are free unless otherwise indicated.

Tues., Dec. 1, 7:30 p.m. Police Service Area 201— Meeting. Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Wed., Dec. 2, 7 p.m.

Author Talk—Jay Winik on 1944:
FDR and the Year That Changed
History. Tenley-Friendship Library,
4450 Wisconsin Ave. NW.

Sat., Dec. 5, 2 p.m.

Author Talk—Ruben Castaneda, a journalist who is covering, and struggling with, cocaine addiction, on S Street Rising.

Tenley-Friendship Library, 4450 Wisconsin Ave. NW.

Sat., Dec. 5, 2-4 p.m.

Chevy Chase Citizens

Association—Cookie decorating ice cream social. Chevy Chase

Community Center, 5601

Connecticut Ave. NW.

Wed., Dec. 9, 1-2 p.m.

Hearing Loss—Dr. Wade Chien,
neuro-otologist at Johns Hopkins
Otolaryngology—Head and Neck
Specialty Services, will discuss

challenges and surgical options. Friendship Heights Village Center, 4433 South Park Ave., Chevy Chase, Md. Register: 301-896-3939.

Thurs., Dec. 10, 7:30 p.m. ANC 3E—Meeting. St. Columba's Episcopal Church, 4201 Albemarle St. NW.

Mon., Dec. 14, 7-9 p.m.

ANC 3/4G—Meeting. Chevy
Chase Community Center, 5601
Connecticut Ave. NW.

**Tue., Dec. 15, 7:30 p.m. ANC 3F**—Meeting. Forest Hills of D.C., 4901 Connecticut Ave. NW.

Wed., Dec.16, 7:30 p.m.

T'ai Chi with Susan Lowell—
Chinese martial art of meditation, relaxation. Tenley-Friendship
Library, 4450 Wisconsin Ave. NW.

Thurs., Dec. 17, 10:30 a.m. *Avalon Senior Cinema*—Patrons 62 or older pay less than the usual senior rate of \$8.75. Avalon Theatre, 5612 Connecticut Ave. NW.

Every Tues. & Thurs., 8:30-9:30 a.m.

Walking Club-Sibley Senior

Association, Mazza Gallerie, Concourse level, Wisconsin and Western Aves. NW. 202-364-7602.

Every Thurs., 11 a.m.-noon

Club 60+ —Exercise Basics with
Will Yates. Auditorium, Chevy
Chase Community Center, 5601
Connecticut Ave. NW.

Every Fri.

AARP Legal Counsel for the Elderly—Self-Help Office, free assistance with legal questions, claims reports, consumer complaint letters, benefit checks, etc. Iona Senior Services, 4125
Albemarle St. NW. Call 202-895-9448 (option 4) for appointment.

Farmers Markets
Sat., 8 a.m.-2 p.m.—*UDC*, 4340
Connecticut Ave. NW.
Sat., 8 a.m.-1 p.m.—*New*Morning Farm, 36th Street and
Alton Place NW.
Sat., 9 a.m.-1 p.m.—*Chevy*Chase, 5625 Connecticut Ave.
NW.

**Chevy Chase Library** is closed for renovation until January 2016.

## **Andrea and Sal Selvaggio**

**SELVAGGIOS,** Continued from Page 8

Their 2014 entry, entitled "Cleaning Station and Spa," was an ingenious fish created from a tree root being cleaned by shrimp created from flipflops and fish made of pine cones. Other flotsam used in the creation included a land crab shell, hair curler, seashells and a plastic handle. Andrea Selvaggio has a YouTube channel

where Sal explains these art projects, at <a href="https://www.youtube.com/watch?v=8cg-VjJfDNI">www.youtube.com/watch?v=8cg-VjJfDNI</a>.

This busy couple also volunteers for the Outreach Program as members of St. Ann's Church. They focus on bringing the generations together through coordinating Tea and Technology events where the kids help older members with their technology questions.

When asked what they liked the most about volunteering for NNV, Andrea and Sal cited the varied life stories and vitality of the interesting people that they meet through helping the members of NNV. Sal and Andrea continue to spread the word about the NNV mission and are committed to keeping seniors engaged in their community with all the outside activities NNV sponsors. You may meet them at the upcoming NNV holiday party.



## **Knitters at work**

Knitting instructor Mary Peckiconis, center, admires projects made by the Village Knitters. At right, NNV member Claartje Bertaut shows off a Christmas stocking; she has knitted 35 stockings over the years.



PHOTOS BY MARIANNA BLAGBURN

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THE VILLAGE NEWS

Agot Connecticut Ave. NW

Washington, DC 20008