



THE VILLAGE NEWS

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A Community Network of Support

February 2014

MEMBER PROFILE

Ann Schneider, international academic

BY JOAN JANSHEGO

The academic world has been part of Ann Schneider's life from childhood. She grew up on the campus of Tufts University, where her father was a professor of European history.

While at Tufts, her father initiated a study with the American Association of University Professors on faculty salaries. Shortly after Ann's mother died, a Ford Foundation official made a trip to Tufts to talk to her father about the data.

When they did not finish their discussion in his office, her father asked the representative if he would like to come to his home for continued discussion. What her father offered for dinner was "pretty miserable fare—leftover meatloaf and carrots that had been in the ground too long."

Within the month, the Ford Foundation announced a big investment in improving faculty salaries. Family lore attributes



COURTESY OF ANN SCHNEIDER

Ann Schneider in Cappadocia, Turkey, which she visited in October.

the improvement in the financial fortunes of her father and others to the "miserable carrots and leftover meatloaf" that he served the Ford Foundation representative.

Ann earned a B.A. in mathematics from Swarthmore College. She chose this major because the math department

allowed her to take a wide range of electives. She then earned a master's degree from the Fletcher School of Law and Diplomacy at Tufts. Her college graduation gift from her father was a trip to France with the Experiment in International

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NORTHWEST NEIGHBORS VILLAGE

*a community network of
support*

4901 Connecticut Ave. NW
Washington, DC 20015
(202) 777-3435
www.nwnv.org

Northwest Neighbors

Village (NNV) is a nonprofit organization created to help the residents of Northwest Washington live comfortably and safely in their neighborhoods and homes as they age. Founded in 2009, NNV is part of the Senior Services Network, supported by the D.C. Office on Aging.

Join or Volunteer

NNV welcomes new members and volunteers. For more information, go to www.nwnv.org or call the office at (202) 777-3435.

NNV Board Members

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The wide world of Ann Schneider

SCHNEIDER, *Continued from Page 1*

Living. She was so enthusiastic about this experience that she found work with the Fulbright program, and in the summers of 1959 and 1960 she led Experiment groups to Switzerland and France.

Ann's next European adventure was in London, where her sister was studying at the London School of Economics (LSE). She urged Ann to do the same. Still intrigued by her Swiss experience, Ann sent a letter to the LSE saying she would like to research the history of Swiss neutrality in the middle of the 19th century. This idea caused a "big laugh" in the History Department, but she was accepted.

When she discovered that this was a more fertile field for exploration than she initially anticipated, Ann decided to extend her studies into a Ph.D. program. She says her father gave her the most help when she was doing her Ph.D. dissertation.

Armed with a Ph.D. in International History, Ann came to Washington to find a job. In contrast to her 1950s experience, when she had been told to learn shorthand, she was now told that she was overqualified.

She landed a position at the State Department's Bureau of Intelligence and Research in its academic relations office, where she worked for six years before moving to a position as a senior program analyst with the Center of International Education at the Department of Education,

where she enjoyed a 25-year career. She was involved in assisting American universities in developing programs and obtaining grants for foreign language and international studies.

Since retirement, Anne has been self-employed in the field of international education. In addition to *Britain and Switzerland, 1845-1860*, Ann has written numerous reports and articles in the field of international education and has traveled in Asia, Latin America

*In contrast to her
1950s experience,
when she had
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overqualified.*

and Africa. She is also involved in the Alumni and Friends of the London School of Economics and the Society of Women Geographers.

Ann has two children, a son who is a filmmaker and lives in Paris and a daughter who has followed in her grandfather's footsteps as a history professor. She is a China specialist at Virginia Tech.

Ann was an early NNV member and has lived in her Fessenden Street neighborhood since 1966. The first annual meeting of NNV was held in Ann's home in the middle of a snowstorm.

Beware the grandchild-in-peril scam

By JANEAN MANN

“Grandma, I’m in jail and need bail money.” With this telephone plea, an NNV member became the latest target of a scam artist with a ploy often directed at seniors.

The caller told the Chevy Chase resident that he was her grandson and had been arrested for drunken driving and causing an accident in which he had been injured. He asked that she wire money immediately.

Grandma was suspicious and asked questions that the caller did not answer. She said she had no money and hung up. Another man, claiming to be her grandson’s lawyer, called shortly afterward, renewing the plea for bail money. She turned him down, and then called her son and grandson to discover that her suspicions were well-founded. There had been no



such incident. D.C. police think this scammer may be local.

In this case, the NNV member had had a recent death in the family, and the scammer could have used her brother’s obituary to obtain information. Scam artists regularly read obituaries to gain the names and family information of seniors.

They often prey on the emotions of seniors, using this type of ploy and others. According to an AARP article, scams like this cost seniors more than \$110 million a year. Though individuals over 65 represent only 12 percent of the population (20 percent in our area), they comprise 30 percent of the scam victims.

Another ruse repeatedly directed at kindhearted seniors in our area is the plea from a friend or family member who allegedly has been robbed while traveling and needs money to return home. Many of these requests come as a result of hijacked e-mails from a friend or family member.

If you receive such a call or

e-mail, jot down the name and address that the requester asks you to use to send the money. If you have caller ID, note the phone number the caller used, if possible. Attempt to verify the information before sending money. If you cannot verify it, call the police and give the information to them.

In another scam, the Metropolitan Police Department has warned that individuals calling from area code 202 and claiming to be law enforcement or IRS agents are calling to demand money allegedly for fines or outstanding debts. The scammers ask that you wire money via Western Union, MoneyGram or Greendot “MoneyPaks,” to avoid prosecution. Police say the scammers are generally located overseas and that is where the money will go, making it difficult to trace. Law enforcement agencies do not attempt to collect fines or outstanding debt from citizens nor does the IRS initiate contact with taxpayers via phone or e-mail.

“Anytime that someone you don’t know personally asks for any type of wire transfer, there is a 99 percent chance that it is a scam,” according to police. If you believe that you’ve been targeted in any of these types of scams, please contact the Financial Crime and Fraud Unit at (202) 727-4159 or mpd.fraud-unit@dc.gov. Additionally, anonymous information may be submitted to the department’s Text Tip Line by text-messaging 50411.

WANTED: YOUR OPINION.

NNV is starting a Letters to the Editor column in which you are invited to express *your* opinions about community issues, or *your* suggestions for improving NNV or its newsletter, *The Village News*.

Please keep your letters short. Letters are subject to editing for length. Write to:

nnvillage@gmail.com

or

NNV *Village News*
4901 Connecticut Ave. NW
Washington, DC 20008

Is Smart911 right for you?

BY JANEAN MANN

The D.C. government is urging residents to register for a program that gives emergency personnel such as police and firefighters more information while responding to emergency calls. The program, called Smart911, is operated by the D.C. Office of Unified Communications (OUC) and is free.

Residents can log on to www.Smart911.com to register and create a safety profile of information that they would like emergency responders to know if they call 911. You can control the amount of information you give. For example, if you have



SMART911

specific medical conditions that medical responders should know about, you can include them.

Providing a photo of family members can help locate them in emergencies, especially in the case of kidnapped children. You can also alert responders to the pets or service animals that may need to be evacuated in

emergencies such as fires or floods or that need to be transported with an injured individual. Residents are urged to update their Smart911 profile every six months.

Since most 911 calls are now made on cellphones, 911 responders often do not have the home address associated with that phone. Additionally,

callers with dementia may forget key information, such as addresses. With Smart911, you can provide emergency responders with all phone numbers associated with the home address. For example, if you are hiding in your home from an intruder, you can dial 911 and not say a word. The police will know your address immediately.

A major concern might be the safety of the information you provide. The Smart911 privacy policy, available on the Smart911 Web site, seems quite strong and appears to address most concerns. Your information is made available only to 911 call takers and responders and only when you call 911. It is protected and not available to others including other D.C. agencies.

If you do not have a computer, the OUC can send someone to take your information. If you would like to register, but do not have a computer, NNV will invite OUC officials to a registration program. Please call NNV Executive Director Marianna Blagburn to request assistance.

NNV CALENDAR

Rides are available for NNV members to all NNV events.

Mon., Feb. 3, 2-3 p.m.

Gentle Yoga with Sandi Rothwell. Assembly Room, Methodist Home, 4901 Connecticut Ave. NW.

Sun., Feb. 9, 3 p.m.

Sunday Supper Salon with a performance by the City Singers. Potluck reception. Theater, Independent Living Building, Ingleside, 3050 Military Rd. NW. RSVP by Feb. 6: (202) 777-3435.

Mon., Feb. 10, 2-3 p.m.

Gentle Yoga with Sandi Rothwell.

Friday, Feb. 14, 12:30 p.m.

Valentine Lunch at Jake's American Grille, 5018

Connecticut Ave. NW. RSVP by Wednesday, Feb. 12: (202) 777-3435.

Mon., Feb. 17, 2-3 p.m.

Gentle Yoga with Sandi Rothwell.

Wed., Feb. 19, 2-4 p.m.

NNV Book Club at the home of NNV member Barbara Dresner to discuss *In the Garden of Beasts* by Erik Larson. RSVP: (202) 777-3435.

Mon., Feb. 24, 2-3 p.m.

Gentle Yoga with Sandi Rothwell.

Tues., Feb. 25, 3 p.m.

NNV Men's Book Club at the home of Bernie Hillenbrand to discuss *The Bully Pulpit* by Doris Kearns Goodwin. RSVP: (202) 777-3435.

Where in the world?



PHOTO BY ETHAN TANNER; ALL OTHERS BY ALLAN OR JO ANN TANNER



It's Australia, folks, the 'roos are a dead giveaway. Allan and Jo Ann Tanner brought back these photos from their recent trip.

1. and 2. Kangaroos are easy to spot, at an animal refuge and even on the menu at an Australian version of Mickey D's.

3. Allan tries to stay warm in the brisk wind at St. Rilda's Beach.

4. Jo Ann and Allan flank daughter-in-law Amanda in a Sydney restaurant.

5. Letting sleeping Tasmanian devils lie.

6. Sydney's architecturally striking Opera House.



NNV Board elects new officers; co-presidents re-elected

At its January meeting, the NNV board re-elected Joan Norcutt and Bob Holman as co-presidents. Other new officers include Steve Altman, vice president, and Elinor Stillman, secretary. Stewart Reuter was re-elected treasurer and Cynthia Lehmann, who joined the board last year, is the new assistant treasurer.

Longtime board member Patricia Kasdan, one of NNV's founders, has resigned from the board but will continue her role on the Volunteer Committee and as a newsletter contributor. We were sorry to see her leave the board but are delighted that she will remain active in NNV and that we will continue to benefit from her hard work and experience.

NNV holds elections annually in January. Board members serve three-year terms, renewable once, and officers serve one-year terms.

Committees also play a major role in NNV's activities and policies. The committees comprise board members, NNV members, volunteers and other interested individuals. We welcome your participation. NNV's committees include Budget and Finance, Fundraising, Membership, Social and Volunteer. Please contact NNV Executive Director Marianna Blagburn if you would like to join any of these committees. Good ideas are always welcome!

—Janean Mann

Sweet endings to a meal

BY BARBARA B. OLIVER

Sweets for the sweet that satisfy sugar cravings but don't add weight are hard to come by. This fruit *mélange*, which takes advantage of fruits available now in the produce section of your grocery store, provides just the right amount of sweetness plus two shades of red for Valentine's Day desserts.

The compote is good on its own or topped with a dollop of light whipped topping. Serve as a sauce over angel food cake. Create a *parfait* by alternating frozen non-fat yogurt and the compote; put in the freezer for 30 minutes and serve.

Berry Compote

*2 cups fresh strawberries (1 pint container)
1/2 cup fresh blackberries
1/2 cup fresh raspberries
1/2 cup fresh blueberries
2 tablespoons white sugar (superfine or sugar substitute) **

Combine all ingredients in bowl; toss to coat. Cover; chill until juices form, at least 1 hour. Makes 4 1/2-cup servings.

If you double or quadruple the recipe, chill for 1 hour up to 6 hours.



BARBARA OLIVER

* You can substitute 2 tablespoons of liqueur for sugar. Grand Marnier, Courvoisier, Framboise or Amaretto will complement the fruits.

Source: Adapted from Bon Appétit, June 2003

COMMUNITY CALENDAR

Sat., Feb. 1, 2-4 p.m.

WAMU Open House—Tour station's new newsroom and studios, meet staff; refreshments. 4401 Connecticut Ave. NW.

Sat., Feb. 1, 4 p.m.

Gallery Talk on the current exhibition, "Washington Art Matters: 1940s-1980s." Free. American University Museum, Katzen Arts Center, Ward Circle NW.

Tues., Feb. 4, 7:30 p.m.

Police Service Area (PSA) 201—Meeting. Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Sat., Feb. 8, 3:30 p.m.

Author Talk—Sandra Grimes, *Circle of Treason: A CIA Account of Traitor Aldrich Ames and the Men He Betrayed*. Politics & Prose, 5015 Connecticut Ave. NW.

Mon., Feb. 10, 7:30 p.m.

ANC 3/4G—Meeting. Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Wed., Feb. 12, 1-2 p.m.

Heart Disease—Suburban Hospital cardiologist Eva Hausner will discuss echocardiography, other non-invasive tests, signs/symptoms, preventive strategies. Free, call (301) 896-3939 to register. Friendship Heights Village Center, 4433 S. Park Ave., Chevy Chase, Md.

Wed., Feb. 12, 11:30 a.m.-1:30 p.m.

Senior Services—Representatives of AARP Legal Counsel for the Elderly, Iona, Office of Peoples Counsel, Wells Fargo Bank present their services for seniors. Light lunch. Annunciation Church Hall, Massachusetts Ave. between 38th and 39th Streets NW. RSVP: 202-895-0268 or mcy65@rcn.com.

Thurs., Feb. 13, 7:30 p.m.

ANC 3E—Meeting. Location to be

determined.

Sat., Feb. 15, 1 p.m.

Author Talk—James Tobin, *The Man He Became: How FDR Defied Polio to Win the Presidency*. Politics & Prose, 5015 Connecticut Ave. NW.

Tues., Feb. 18, 6-30-8:30 p.m.

Chevy Chase Citizens Association—Celebration of D.C. artists, reception, 7:30 meeting. Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Tues., Feb. 18, 7:30 p.m.

ANC 3F—Meeting. Methodist Home, 4901 Connecticut Ave. NW.

Wed., Feb. 19, 6 p.m.

Downloadable Media Walk-Up Clinic—Use library iPads for audiobooks, e-books, e-magazines, music. Tenley-Friendship Library, 4450 Wisconsin Ave. NW.

Thurs., Feb. 20, 7 p.m.

Deeper Into Meditation with David Newcomb, for old and new meditators. Tenley-Friendship Library, 4450 Wisconsin Ave. NW.

Thurs., Feb. 20, 10:30 a.m.

Avalon Senior Cinema—Patrons age 62 or over can see the feature film for \$8.75, less than the usual senior price. 5612 Connecticut Ave. NW.

Wed., Feb. 26, 7:15 p.m.

Free T'ai Chi—With Susan Lowell. Gentle movement for stability, comfort and awareness. Tenley-Friendship Library, 4450 Wisconsin Ave. NW.

Every Mon., 9:30-10:30 a.m.

Club 60+ —Walking Club with Shirley Ricks. Staff Office, Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Tues., 11 a.m.-noon

Club 60+ —Chair Yoga with Andrea Christie. Free. Second-

floor ballet studio, Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Tues. & Thurs., 8:30 a.m. and 9:30 a.m.

Walking Club—Sibley Senior Association, Mazza Gallerie, Concourse Level, Wisconsin and Western Aves. NW. Free. (202) 364-7602.

Every Thurs., 11 a.m.-noon

Club 60+ —Cardio exercise with Will Yates. Free. Auditorium, Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Thurs., noon-2 p.m.

Club 60+ —Bingo. Free with prizes. Lounge next to first-floor office, Chevy Chase Community Center, 5601 Connecticut Ave. NW.

Every Fri.

AARP Legal Counsel for the Elderly—Self-Help Office, free to D.C. residents 60+ years old. Paralegal Ebonee Avery assists with legal questions, claims reports, consumer complaint letters, benefit checks, etc. Iona Senior Services, 4125 Albemarle St. NW. Call (202) 895-9448 (option 4) for appointment.

Every Sat., 8 a.m.-1 p.m.

Lafayette Farmers Market—Northampton St. and Broad Branch Rd. NW.

New Morning Farmers Market—Sheridan School, 4400 36th St. NW.

Movie Mondays, 2 p.m. and 6:30 p.m.

Chevy Chase Library, 5625 Connecticut Ave. NW.

Feb. 3—42, U.S., 2013, rated PG-13 (about Jackie Robinson).

Feb. 10—*What's Love Got to Do With It*, U.S., 1993, rated R (about Tina Turner).

Feb. 24—*Eve's Bayou*, U.S., 1997, rated R (Samuel Jackson).