

More NNV members get COVID-19 shots

BY JANEAN MANN

Nearly everyone wants the COVID-19 vaccine but getting it can be a challenge, as many NNV members have discovered. However, the situation may be easing.

Despite some challenges, more NNV members have succeeded in scheduling appointments using persistence, good luck, and/or NNV help. Programs both at local hospitals and at a variety of D.C. facilities have been well organized and fairly rapid.

After striking out on her first few attempts to get an appointment, Peggy Nolan accepted NNV volunteer Shanti Conly's offer of help. With Shanti on one end of the phone maneuvering through D.C.'s online registration process and Peggy on the other end providing information, they succeeded. Shanti also drove Peggy to D.C.'s Turkey Thicket vaccination center. "I could not have done it without NNV," said Peggy. She found "courtesy and

efficiency all the way around" both from NNV and from those providing the shots through the D.C. program.

Shanti was able to go online and obtain her first and second Moderna shots. She had no wait for the first shot, but somewhat longer lines for the

second because the Kenilworth site is now offering both first and second shots.

Another NNV member had an easy time getting the first shot. A current cancer patient at Sibley Hospital, she called her oncologist asking for help. The next day Sibley contacted her to set up an appointment. She has now had both doses.

I, too, tried repeatedly online to get my shot, but failed five times. Then, NNV Case Manager Barbara Scott provided information on available shots at Howard University and I obtained an appointment. Alas, they ran out

See **VACCINE**, p. 4



SHEENA DUPUY

Janean Mann gets her first Covid-19 vaccination from a Giant Pharmacist at the Kenilworth Recreation Center

NNV's response to the vaccine rollout

To date:

- NNV volunteers and staff have provided hands-on vaccine registration assistance to 44 members.
- NNV volunteers have provided 25 round-trip rides to members to get their vaccines.
- Staff has responded to hundreds of vaccine-related phone calls and emails from the community.

We will continue to provide registration support, rides to vaccine sites, and timely information as we receive it.

"You are doing the best job of anyone I've seen in gathering information and sharing it broadly with seniors and others. Because I know people have learned they can trust your information and rely on your updates, I use and cite your updates every week for people who are looking for detailed information on their options." – AM, community member

NORTHWEST NEIGHBORS VILLAGE

a community network of support

PO Box 39135
Washington, DC 20016
202-935-6060

www.nnvdc.org

Northwest Neighbors Village (NNV), founded in 2007 and opened in 2009, is a nonprofit organization created to help the residents of Northwest Washington live comfortably and safely in their homes and neighborhoods as they age.

Join or volunteer

NNV welcomes new members and volunteers. For more information, go to www.nnvdc.org or call the office at 202-935-6060.

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Help NNV thrive in times of crisis

By JANEAN MANN

Despite severe COVID restrictions on our activities, NNV has been able to provide a wide range of services this past year, not only to our members but to our volunteers, donors and community at large. All receive a steady flow of critical information and a plethora of Zoom programs. All full members can obtain rides for COVID vaccinations and other needed medical appointments, as well as receiving friendly visits, calls and a myriad of other types of support. Many of you have told us how much you appreciate our help and have even called it “extraordinary.”

But will these services be there in the future? Membership dues cover only 23 percent of our costs. In an effort to ensure that we will be here when you need us, NNV has established a legacy program through which NNV members and supporters can leave charitable bequests in their wills to help guarantee that NNV will be around for many years to come.

Murray and Daoma Strasberg were among NNV’s earliest members and they were an inspiration for the creation of a fund to sustain NNV for the future with a generous bequest following Daoma’s death in 2014 (Murray died in 2012). A number of members and volunteers, myself included, have followed the Strasberg’s example in making such a commitment.

The Strasbergs greatly appreciated the support they received from NNV, particularly from volunteer Bonnie Coe who provided them comfort and support during trying times and went the extra mile to help, often at odd hours. Bonnie’s commitment is not unique among NNV volunteers who have been there for our members late at night, early in the morning, and on weekends.

And you don’t have to be a millionaire to help! Every bequest, of any size, is significant for the future of NNV.

You can include a bequest in your will through either a specific dollar amount or a percentage of your estate. Not knowing how much money I will need for my own care in the coming years, I have chosen to designate a specific percentage.

Your attorney can help you add a simple codicil to your will.

You can also help by requesting others to make a charitable contribution to NNV in your honor.

To learn more about the Legacy Society, visit [NNV's Legacy Society webpage](http://www.nnvdc.org/legacy) or email Executive Director Stephanie Chong (schong@nnvdc.org).

“With all the turmoil affecting the rollout of Covid-19 vaccines, the info furnished by NNV has been exemplary. In my case, it led to getting shots at Howard University Hospital, an efficient, welcoming operation. Many thanks to you and your colleagues for serving your members so well.” - MW, member

Keeping the Village strong

By MORGAN GOPNIK

Although many of you already know me as a long-time NNV volunteer, you may not have heard that on January 1 of this year I began my term as President of the Board! I thought I might use the occasion to re-introduce myself and provide an update on recent and upcoming activities at the Village.

My husband and I moved to D.C. in 1987—a young couple with new jobs, a two-year-old son, and no car. As we searched for a place to live, top priority was to be in walking distance to good public schools, a grocery store, a video rental store (remember those?), and a Metro station. We chose the Van Ness neighborhood and have lived here happily ever since, moving from an apartment to a tiny house to a bigger house as our family grew. I retired a few years ago, after a long career as an environmental scientist and policy advisor, primarily at the National Academy of Sciences.

In 2014, a friend suggested I consider volunteering with the Village and it's been at the center of my activities ever since. From the start, I've loved helping and getting to know our wonderful members, all of whom have lived through historic times and have much to share. As the Village's spirit of generosity—among the members, volunteers, and staff—drew me in, I took on additional responsibilities, organizing Speaker Salons, helping with calls and mailings, participating in strategic planning, and more. To my pleasant surprise, I now find myself serving as the President of the Village's hard-working board of directors.

As you know, the last year has been challenging for our members and our organization. With the pandemic raging, we found ourselves unable to provide the face-to-face personal attention, services, and activities that are at our core. At the same time, nationwide demonstrations for racial justice challenged us to renew our commitment to diversity and inclusion. To make things more difficult, we were unable to host the galas, auctions, and in-home salons that traditionally brought in much of our funding. But responding to ever-changing circumstances is in our DNA, so we got creative!

As in-person contact became restricted, we enlisted “phone buddies” for our members, helped with grocery deliveries, and provided safe transportation to critical appointments. We moved

our most popular programs, like a weekly yoga session, online and produced high-quality new content, including a Virtual Speakers Series that has proved extremely popular with members and the general public. We also sponsored a suite of activities focused on racial equity, including discussion groups, a theater program jointly with George Washington University, and an ongoing book group (described elsewhere in this newsletter). The staff worked especially hard to help our members master the new technologies needed to access all these services and programs remotely.

Because most volunteers and members of our Village are in vulnerable age or health brackets, we became a centralized source for the latest coronavirus information, answering questions and updating recommendations as they constantly evolved. Most recently, we have been helping our members navigate the maze of options for obtaining COVID-19 vaccinations. If you haven't been able to get an appointment yet, please let us know so we can brainstorm with you!

Despite huge uncertainty, we knew that retaining our dedicated and wonderful staff was top priority. We were able to get some help through the Payroll Protection Program but relied more than ever on support from our loyal members and neighborhood friends who believe in the importance of our mission. We are continually strengthening our ties to businesses in our community, promoting the local restaurants that have been good to us and now need extra support themselves.

Looking ahead to the uncertainties of the coming year, we will stay on our toes and adapt to whatever fate throws at us! As more volunteers and members get vaccinated, we hope to gradually increase in-person services. We will definitely continue our yoga program, speaker series, support groups, book groups, etc. -- still online for now -- with fingers crossed to meet in person later this year. As the weather improves, we will also resume neighborhood walks at varying speeds and distances to accommodate as many participants as possible.

Whenever, and however, we emerge from this challenging period, Northwest Neighbors Village will be there to continue promoting our vision of “a generous, supportive community where all older adults are valued, age with dignity, and enjoy opportunities for growth and engagement.”

Hola, amigos—hablemos Español!

BY CHRISTINA FLEPS

Traditionally, Monday is not a favorite day for most of us, but it has become a favorite for me. Every Monday from 3:30-5 p.m. I join a group of NNV members for a Zoom class in conversational Spanish. I joined the class to improve my limited Spanish, both for possible travel after COVID and for life in our increasingly bilingual world. I've found not only the learning I hoped for, but also an hour and a half I look forward to each week.

The class began in August 2020 when an NNV member proposed it in response to an NNV survey. Later, another NNV member stepped up to share the teaching load. Together, our "maestros" come with years of formal study and years of living in Spanish-speaking countries—plus plenty of patience, enthusiasm, and humor.

The class was not always an hour and a half. It has evolved from the original hour because we've discovered so many effective and fun ways to learn. We explore points of grammar - for example, Spanish has two verbs for "to be." We present sentences conjugating verbs of the week. We review [Destinos](#), a telenovela (soap opera) designed to teach the language. We read a short story together; subjects have ranged from facing down a bad boss, to facing the roller coaster, to

facing the fact that your best friend has become a vampire! And we discuss a weekly topic - such as New Year's resolutions, books and TV shows we like, and of course, plans for life after the pandemic.

We do have homework. It can be time consuming, yes, but it creates the foundation for our work in class, and we all agree it's helping us progress. And we have progressed. Everyone has expanded vocabulary, enhanced grammar and pronunciation skills, and gained confidence in speaking. We've also helped each other by researching and sharing tips about online resources like [Duolingo](#), [Google Translate](#), and [SpanishDict](#).

Along the way, we've shared a lot more—laughter, questions, concerns, and pieces of our lives. As we've learned Spanish, we've built a learning community. It's the community, along with the learning, that makes me look forward to class and, I think, brings out so much commitment and enthusiasm in my classmates.

Our Spanish conversation community is open to all. We're a pretty welcoming and supportive group, so new members need not be shy or worry about working up to our level. If you want to learn America's emerging second language, come join us—bienvenidos!

VACCINE, Continued from p. 1

of vaccine and cancelled that appointment. A further attempt on the D.C. website succeeded and I received my first shot at the Kenilworth Recreation Center. It was not crowded, was well organized, and parking was available on site. Since receiving that first shot, two other facilities with which I was waitlisted, Howard and MedStar, have offered me appointments. Therefore, shot opportunities may be improving.

Elaine Greenstone (R) and volunteer Sal Selvaggio at Model Cities for Elaine's 2nd dose



SAL SELVAGGIO

Side Effects

While the first dose of both vaccine types seems to be well tolerated, the side effects of the second shot can be uncomfortable. Luckily, older people tend to have fewer side effects than younger people. According to CDC data, only about 25 percent of people age 50-64 and 4 percent of those age 65-74 who received the vaccine between Dec. 14 and Jan. 13 experienced side effects while 65 percent of those under age 50 reported an adverse reaction.

Reported side effects from the vaccine vary from slightly sore arms to flu-like symptoms for a day or so. As a precaution, stock up on easy-to-prepare meals before you receive your second dose appointment and ask a loved one or NNV volunteer to check on you for a few days after you've received your second dose. Doctors have suggested Tylenol to combat post-second shot discomfort. Check with your medical provider to see if this is right for you.

NNV's racial equity book group

By MORGAN GOPNIK

From May 2020 and continuing through the summer, many of us were appalled by the murder of George Floyd and gripped by subsequent nationwide demonstrations against systemic racism in policing and throughout American society. NNV's leadership issued a strong statement of support for the cause but felt it was important to go beyond mere words. In addition to the existing challenges of running an organization in a pandemic and keeping our members safe and connected, we were determined to further educate ourselves and amplify voices for racial justice.

We started with a discussion group based on the New York Times "1619 Project." This 2019 initiative produced a series of six podcasts that explore the consequences of slavery and the contributions of African Americans to our national narrative. Over the course of six weeks, a group of NNV members, volunteers, and staff listened to and discussed each podcast episode, learned much that we hadn't known before, and shared our reactions with each other. During that same time, NNV's Virtual Speakers Series hosted a public talk on "Mapping Segregation in Washington D.C." that presented ongoing research documenting the prevalence of racially-restrictive covenants in DC property deeds. Finally, NNV partnered with George Washington University to offer a series of interactive workshops titled, "Addressing Racial Injustice through Theater." Village participants worked in small groups to improvise scenes of potential racial conflict and explore avenues for better communication.

In order to keep digging deeper into these important issues, NNV's Racial Equity Book Group was formed. Our focus is on reading and discussing fiction and non-fiction books by Black authors that shed light on the history and current status of race

relations in the United States. So far, we have tackled "Caste" by Isabel Wilkerson, "Stamped from the Beginning" by Ibram Kendi, and "Invisible Man" by Ralph Ellison, three superb but very different books!

"Caste" explores the similarities between American racist ideologies and older caste-based systems, both of which create rigid hierarchies among humans. Wilkerson uses stories about real people and her own experiences to make her thesis come alive. In "Stamped from the Beginning," Kendi employs a scholarly approach to document the history of anti-Black ideas and their continuing power over American life and politics. Moving into fiction, "Invisible Man" chronicles the life of a young, nameless black man struggling to be seen. Published in 1952 as a first novel by an unknown writer, it won the National Book Award for fiction and has been included on several lists of the best English-language novels of the 20th century.

The Racial Equity Book Group honors the spirit of community that defines the Village: our discussions are wide ranging, open minded, and mutually supportive. This has allowed us all to explore challenging issues, face sometimes difficult truths, and learn from each other. Because the books we choose require careful reading and contemplation, we meet every two months.

Our next book will be "[You'll Never Believe What Happened to Lacey: Crazy Stories About Racism](#)" by Amber Ruffin and Lacey Lamar, a humorous, sardonic portrait of two African American sisters' struggle to maintain dignity, strength and self-respect when faced with daily injustices living in America. We will meet on April 21, 2021 at 3:30 p.m. to discuss it. All NNV members and volunteers are welcome to join us!

[Register to join us here.](#)

"Lucky for me, Northwest Neighbors started sending me newsletters back in December. Thanks to your clearly written information and instructions, I was able to register for the vaccine on the D.C. site the second week it was open and at this point I have just received my second dose. Thank you for your help. It was much appreciated." - RS, community member

Old Urban Naturalist

By JANE WHITAKER

Spring is near when March arrives. You must look in March or early April to see our spring ephemerals -- plants that emerge quickly when the sun's angle and milder temperatures coax them to bloom. Most are woodland flowers that take advantage of the few weeks of ample sunlight in the understory.

Two of my favorites are spring beauty, *Claytonia virginica*, and Quaker ladies (bluets) *Houstonia caerulea*. You'll find them on the southern exposure of woodland trails. The bluets will also bloom in open pastures and even yards if the soil has a limestone base.

One of my favorite spring shrubs is spicebush, *Lindera benzoin* which is very common in Rock Creek Park. Along the trails you'll see shrubs blooming with a greenish-yellow fuzz in late March and April. A closer look will show the tiny yellow flower and to confirm identification, break off a twig. You'll be



Spicebush

PHOTOS BY JANE WHITAKER

delighted with the pleasant scent. The roots and twigs used to be used at this time of year to make tea. The flowers are polygamous-dioecious (male and female flowers on separate plants). The male flowers are larger and showier than the female. Female flowers give way to red berry-like drupes that mature in the fall and are eaten by birds. The spicebush is the host plant for the caterpillar of the swallowtail butterfly. While you're observing the flowers be sure to look for some of our early native bees.



Spicebush Butterfly

While you're looking for flowers keep your ears open. NO EARBUDS! This is the time of year to learn the native resident bird songs.

The males are setting up nesting territories and letting other males know where not to go. The chickadees will be saying "chick-a-dee" or "fee-bee"; the tufted titmouse, a small bluish-grey bird with a crest will be saying "Peter-Peter"; and our

Carolina wren will be bouncing around in the understory saying "teakettle-teakettle" with a voice much louder than you can imagine such a small bird could produce.



Tufted Titmouse

We have plenty of cardinals and I hope everyone who reads this column can identify them. They seem to be on about 90% of holiday cards. The male is a brilliant red bird with a crest and a black face. The female is an olive brown and also has a crest. The



Cardinal

cardinal has a variety of calls. One is "clear-clear" and another, "whoit-whoit," which old timers say predicts the weather. They have other calls but this time of year once you recognize the tone, the other calls are recognizable. Learn these now so you can ignore them when the migrants come back singing. Lastly, the white-throated sparrow, a winter migrant from the far north has a plaintive call of "Oh Canada" which can only be heard in March and April before it returns home.

I must put in a few words regarding my game camera and the things that go bump in the night. I have always believed that I recognized fox tracks by their small size and the fact that they step into the track in front making their trail a straight line. Well, after the snow, I found muddy "fox" tracks coming out from under my house and going to my birdbath which was the focus of my game camera. Much to my delight my camera revealed that the tracks were of an elegant red fox. So after nearly 80 years my identification has been confirmed.

The game camera has offered other surprises. The opossum I see has been coming every night, and tracking shows it is using my porch as a home (underneath, of course).

One shot last month showed the animal with a huge bundle of leaves being held by its prehensile

tail. This is a behavior that is seldom seen. It is known that they use leaves to line their “nests” but actually observing them carry leaves with their tails is so seldom seen that it is considered “hearsay.” It was a privilege to observe this behavior and I hope the photo is reproducible enough that you can see it as well; the black line in the photo is a power cord.

Opossums can play dead but not often. When they do, it is as a last resort as they first hiss, bare their teeth and act very nasty if threatened. Only when



Opossum on Jane's game camera

cornered will they go into a catatonic state, froth at the mouth, and emit an offensive odor, making themselves seem a disagreeable meal. This normally happens for only a short time and they are incapable of controlling when they revive.

They are the only marsupial in North America and their closest relatives are kangaroos. When they give birth, the babies are tiny, only a 1/2 inch long. They crawl up the mother's belly and go into her pouch where they nurse for two months. They are then about two inches long and begin to crawl outside the pouch occasionally. After another 2-3 weeks they are weaned and stay outside the pouch. They are left in the nest or ride around on the mother's back by holding onto the mother's hair. They are independent of the mother in another two months.

Now I can hope my opossum is a female and that in a few months I can get a photo of her babies clinging to her back as she moves them about.

NNV Staff in our work-from-home offices (and our co-workers)



JEFF CHONG

Heather Hill and Nicken Choodles



HEATHER HILL



STEPHANIE CHONG

Stephanie Chong and Maggie



CAREY SMITH



MICHAEL CASSON

Leslie Pace with Comet & Asteroid



LESLIE PACE

Calendar

Our calendar is regularly updated. Please check for current listings. To learn more about any event or RSVP, please see the [Events page](#) or phone: 202-935-6060.

Unless otherwise listed, events are online, via Zoom.

REGULAR EVENTS:

NNV Walks

Starting **March 15th**, we will be walking every Monday at 10 a.m. Meet at the intersection of Albemarle & Connecticut, next to the bus shelter on the SE corner. If the weather is poor, we will not walk. Contact lpac@nnvdc.org.

Conversational Spanish for Beginner+/Intermediate

Every Mon. 3:30 p.m.

(Members & Volunteers only)

Gentle Yoga with Mayu

NOTE: Thursday, March 4th - yoga will be at 2 p.m. and then will return to Mondays at 2 p.m. (Yogis who attend regularly do not need to RSVP every week).

Jazz with Carey Smith

Every Thurs., 6–7 p.m.

Join guitarist Carey Smith for a live jazz concert in the comfort of your own home.

French Conversation Group

3rd Thurs. of each month

Mar. 18 & Apr. 15, 3:30 p.m.

RSVP: John Wiecking
(jwiecking@gmail.com)

Join members of NNV and Cleveland & Woodley Park Village and *parle Français*!

Bingo!

2nd Tues. of each month

Mar. 9 & Apr. 13, 3:30 p.m.

Thank you for your interest in our programming!

During Covid-19, we have opened up much of our programming to the community. Our membership dues account for less than 1/4 of our budget, and we rely on the support of generous donors to continue to create and share engaging programs with the community. If you enjoy this program, please consider [making a donation](#) to Northwest Neighbors Village.



NNV

Virtual Speaker Series

“A heartfelt thank you to Stephanie and Heather and Leslie for your assiduous help for us during COVID. I hope you are enjoying the challenge and not exhausted by it. You all have been amazing.” – JN, member

Northwest DC is home to numerous dynamic, informed individuals. Join us for one or all of these discussions, designed to engage and inform you. The Virtual Speaker Series is being offered free of charge to the community.

We regularly add more Virtual Speakers. Please [check our website](#) for upcoming speakers.

Many past speakers have given permission to record their programs. These are available [on Vimeo](#).

[Book Talk: One of the Most Troublesome Robbery Gangs: The Murders and Crimes of George McKeever and Francis McNeiley](#)

Tuesday, March 9, 11 a.m.

Speaker: Author Jeffery King

[Franklin & Eleanor Roosevelt, America's First Power Couple](#)

Tuesday, March 16, 1 p.m.

Speaker: Paul Sparrow, Director, Franklin D. Roosevelt Presidential Library & Museum

[How to Avoid Being Defrauded in the Times of Covid-19](#)

Tuesday, March 23, 11 a.m.

Speaker: Suzanne McGovern, Senior Advisor, Office of Investor Education and Advocacy, U.S. Securities and Exchange Commission

[What is Old Age For? Stories from The Fullfillment Project at Farther On](#)

Thursday, April 8, 1:00 p.m.

Speaker: David Oldfield, Founder and Director of The Midway Center for Creative Imagination

[Postcards from the Border: Poems and Watercolor Meditations](#)

Tuesday, April 20, 11 a.m.

Speaker: Author, Poet, and Artist Nancy Arbuthnot

[The Golden Era at the Washington Post](#)

Thursday, April 22, 1 p.m.

Speaker: Bob Levey, Retired Washington Post Columnist

[Centurion Justice for The Innocent & Imprisoned](#)

Tuesday, April 27, 11 a.m.

Speaker: Paul Casteleiro, Legal Director, Centurion

[Ocean Plastic Pollution: Source to Solution](#)

Thursday, April 29, 2 p.m.

Speaker: Nick Mallos, Senior Director, Trash Free Seas® Program Ocean Conservancy

With Gratitude to our Generous Supporters in 2020

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Janean Mann
Ann & Mike Van Dusen
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And deep appreciation as always to our founders, members, volunteers, and many other generous supporters!

Passages

Kay Waller Harkless Springwater, 1932-2021



NNV member Kay Springwater passed away peacefully at home on January 5, 2021. She was 88 years old.

Kay was born in Staunton, Va and attended Howard University where she majored in German Language and Literature. She earned her M.A. from Columbia University and undertook further study at Ludwig Maximilian University in Munich, which led to a position teaching the German language at Morgan State University in Baltimore.

In 1963, Kay married James Harkless, and they raised their two sons in Washington. Kay's interest in international student work led her to a position at American Friends of the Middle East (AMIDEAST), where she coordinated programs for Middle Eastern and North African students in the U.S.

A woman of elegance, grace, and artistic creativity, Kay pursued actively a life-long passion for printed images. Kay enjoyed teaching photography at D.C. community centers and took commissions to photograph various family events and occasions, all while raising her children. Her work enhances many friends' homes.

After retirement, Kay devoted herself even more fully to her métier, travelling extensively with the love of her life, Ronald Springwater, whom she married in 1987. Kay photographed destinations including China, Italy, St. Martin, New Mexico, Maine, California, Maryland, and her own Virginia. She participated in invitational workshops with distinguished photographers, including a memorable trip to Cuba in 2001.

She was an official photographer for the prestigious Smithsonian Craft Show organized by the Smithsonian Women's Committee, where she served as a Board Member for many years. Her photographs exhibited at The Art League. Kay also participated in and won awards at: Artomatic, Artisphere (Annual Mid-Atlantic Photography Competition), Hill Center Galleries, A. Salon, Islesboro (ME), and the Levine School. Kay's keen insights conveyed an intimacy of feeling, tone, and mood to her portraits and landscapes.

Kay is survived by her husband, Ronald; her two sons, Charles Harkless and Guy Harkless; and five grandchildren.

Fill your cookie jar with sweet goodness

By BARBARA OLIVER

Soft and chewy oatmeal scotchies are cinnamon-spiced, sweetened with brown sugar, packed with oats, and loaded with butterscotch chips. You can make as 2-inch rounds or bars. Either shape, it's hard to eat just one. They satisfy cookie cravings at home and ship well for sharing.

Oatmeal Scotchies

Ingredients:

1¼ cups all-purpose flour
1 teaspoon baking soda
½ teaspoon salt
½ teaspoon ground cinnamon
1 cup butter (2 sticks), softened

¾ cup granulated sugar
¾ cup light or dark brown sugar, packed
2 large eggs
1 teaspoon vanilla extract
(or grated peel of 1 orange)
3 cups Quaker quick or old-fashioned oats
11 ounces Nestlé Toll House Butterscotch morsels

Directions for Cookies:

Preheat oven to 375 degrees F.
Combine flour, baking soda, salt, and cinnamon in a small bowl; set aside.
Beat butter, both sugars, eggs, and vanilla in a large mixing bowl. Gradually beat in flour mixture.
Stir in oats and morsels.
Drop dough by rounded tablespoons onto ungreased baking sheets.
Bake 7-8 minutes for a chewy cookie or 9-10 minutes

for a crispy cookie. Cool on baking sheets for 2 minutes. Remove cookies to wire racks to cool completely.
Makes 48 cookies

Directions for Bar Variation:

Grease a 15x10-inch jelly roll pan. Preheat oven and prepare dough as for cookies. Spread dough in pan. Bake 18-22 minutes or until lightly browned. Cool completely on wire rack. Cut into 48 bars.

Source: Nestlé and Quaker Oats.



BARBARA OLIVER